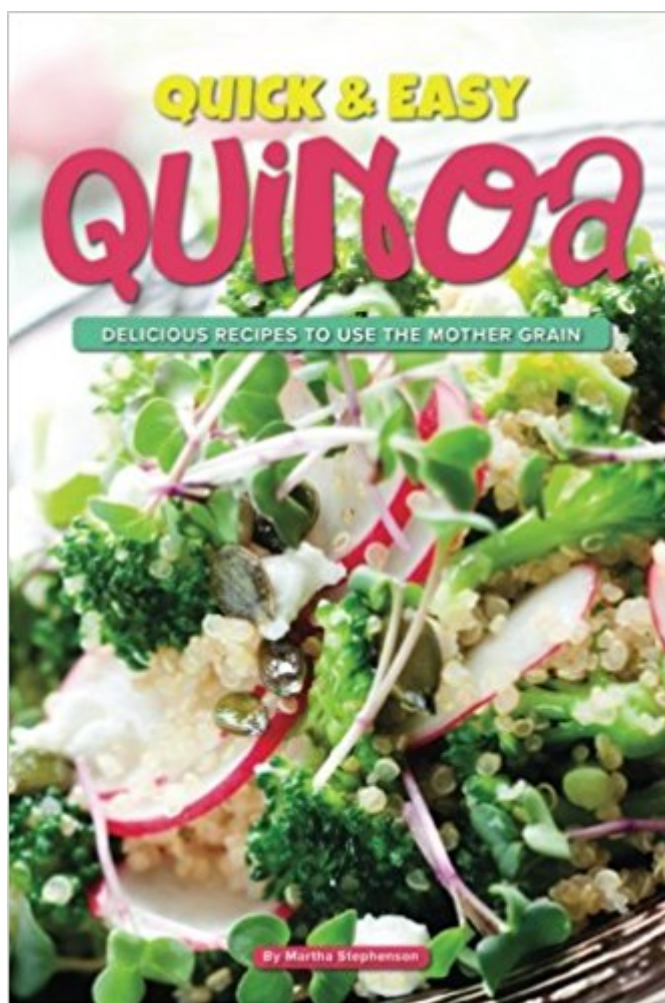




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Quick & Easy Quinoa: Delicious Recipes To Use The Mother Grain



Synopsis

Quinoa, otherwise known as the mother grain, is a protein packed grain that possesses numerous benefits in nutrition and your general health. This grain is so versatile that it can either be served as a delicious meal on its own, used in place of rice, or added to a variety of meals including, but not limited to salads, soups, and even desserts. The possibilities of exploring with Quinoa are simply endless, so why not explore this miraculous grain together. Join us as we embark on a journey of deliciousness from your kitchen as we take you on a ride through a variety of possibilities that Quinoa can bring. Best of all, you will be provided with clear step by step instructions to ensure that you can get your meals just as delicious as we did each step of the way. The first step is easy! Simply grab an apron, and a copy of this cookbook. Now, let's get cooking!

Book Information

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Customer Reviews

Quinoa is such a versatile grain that we can spin just about anything. The best thing about it is that it is packed with protein. This make it an ideal grain for just about any dietary life style as it can serve as an excellent alternative to animal protein. In this book there are some recipes contains Quinoa. These are great meals. I love this to make and eat.

Awesome book !

It is an awesome Delicious Recipes cookbook with Easy and Quick way....I love its nice recipes....

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